

**SHARE Early Head Start Calendar –Preschool    March 16 – April 3, 2020    Parent-Child Home Activities**

Find games, songs, and fingerplays online.

Monday, March 16 <sup>th</sup>	Tuesday, March 17 <sup>th</sup>	Wednesday, March 18 <sup>th</sup>	Thursday, March 19 <sup>th</sup>	Friday, March 20 <sup>th</sup>
<p>Talk with your Preschooler during meals and throughout the day. Use descriptive words as you talk and make eye contact.</p> 	<p>Read a book with your preschooler, let them hold the book and turn pages. Follow their lead and let them read to you.</p> 	<p>Fun and games, play Hide and Seek and other fun games.</p> 	<p>Sing Baby Shark, and make eye contact with your preschooler. Do the hand motions and have fun!</p> 	<p>Look and describe, look in a mirror with your preschooler and describe facial and body parts. See if they know the names of different body parts.</p> 
<p>Monday, March 23<sup>rd</sup></p> <p>Floor play: Roll a ball or favorite toy back and forth to encourage strong muscle development.</p> 	<p>Tuesday, March 24<sup>th</sup></p> <p>Make animal sounds or play them on your phone/computer, and see if your child can imitate the sounds, and name the animal.</p> 	<p>Wednesday, March 25<sup>th</sup></p> <p>Fingerplay: Itsy Bitsy Spider-Do the hand movements as you sing the fingerplay. Talk and describe the movements.</p> 	<p>Thursday, March 26<sup>th</sup></p> <p>Look out the window and describe what you see. Let them Identify and point to interesting items in the environment. Play I-Spy and let them guess what you are looking at.</p> 	<p>Friday, March 27<sup>th</sup></p> <p>Have a conversation with your preschooler. Provide time for your preschooler to respond with gestures or words.</p> 
<p>Monday, March 30<sup>th</sup></p> <p>Encourage grasping and holding skills. Sit and play with your preschooler and let them scribble/write with pencils/crayons and paper. Talk about what they draw and encourage their writing skills!</p> 	<p>Tuesday, March 31<sup>st</sup></p> <p>Head, Shoulders, Knees, and Toes. Sing the fingerplay with your preschoolers to help them build muscles and learn body parts.</p> 	<p>Wednesday, April 1<sup>st</sup></p> <p>Soothing Touch: Gently massage your preschoolers’s hands and arms. Describe what you are doing and how it feels. Ask your child how it feels and let them massage your hand.</p> 	<p>Thursday, April 2<sup>nd</sup></p> <p>Silly feeling faces: Make silly feeling faces and allow time for your preschooler to react. Describe and talk about different emotions and how they are feeling.</p> 	<p>Friday, April 3<sup>rd</sup></p> <p>Family Photos: Look at family photos and talk about family members and friends. Let them point to and or tell who is in the pictures.</p> 