



**EARLY HEAD START**
















# SHARE Head Start

CENTER - \_\_\_\_\_

March 2-6, 2020

**Age 0-5 mths**

**Note:** Baby Food or Iron Fortified Infant (IFI) Formula

		Monday	Tuesday	Wednesday	Thursday	Friday
		2	3	4	5	6
<b>Breakfast</b>		4-6oz IFI Formula or Breast Milk	4-6 oz IFI Formula or Breast Milk	4-6oz IFI Formula or Breast Milk	4-6 oz IFI Formula or Breast Milk	4-6 oz IFI Formula or Breast Milk
						
						
	Other					
<b>AM Snack</b>		4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk
						
						
<b>Lunch</b>		4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk
						
						
						
						
<b>PM Snack</b>	<b>Choose TWO:</b>    	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk



**EARLY HEAD START**

















# SHARE Head Start

CENTER - \_\_\_\_\_

March 9-13, 2020

**Age 0-5 mths**

Note: Baby Food or Iron Fortified Infant (IFI) Formula

		Monday	Tuesday	Wednesday	Thursday	Friday
		9	10	11	12	13
<b>Breakfast</b>		4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk
						
						
	Other					
<b>AM Snack</b>		4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk
						
						
<b>Lunch</b>		4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk
						
						
						
						
<b>PM Snack</b>	<b>Choose TWO:</b>     	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk	4-6oz IFI Formula or Breastmilk



**EARLY HEAD START**
















# SHARE Head Start

CENTER - \_\_\_\_\_

March 16-20, 2020

**Age 0-5 mths**

**Note:** Baby Food or Iron Fortified Infant (IFI) Formula

		Monday	Tuesday	Wednesday	Thursday	Friday
		16	17	18	19	20
<b>Breakfast</b>		4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk
						
						
	Other					
<b>AM Snack</b>		Water	Water	Water	Water	Water
						
						
<b>Lunch</b>		4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk
						
						
						
						
<b>PM Snack</b>	<b>Choose TWO:</b>    	Water	Water	Water	Water	Water



**EARLY HEAD START**
















# SHARE Head Start

CENTER - \_\_\_\_\_

March 23-27, 2020

**Age 0-5 mths**

**Note:** Baby Food or Iron Fortified Infant (IFI) Formula

		Monday <b>23</b>	Tuesday <b>24</b>	Wednesday <b>25</b>	Thursday <b>26</b>	Friday <b>27</b>
<b>Breakfast</b>		4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk
						
						
	Other					
<b>AM Snack</b>		Water	Water	Water	Water	Water
						
						
<b>Lunch</b>		4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk
						
						
						
						
<b>PM Snack</b>	<b>Choose TWO:</b>    	Water	Water	Water	Water	Water



**EARLY HEAD START**













# SHARE Head Start

CENTER - \_\_\_\_\_

March 30-31, 2020

**Age 0-5 mths**

**Note:** Baby Food or Iron Fortified Infant (IFI) Formula

		Monday	Tuesday	Wednesday	Thursday	Friday
		30	31			
<b>Breakfast</b>		4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk
						
						
	Other					
<b>AM Snack</b>		Water	Water	Water	Water	Water
						
						
<b>Lunch</b>		4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk	4-8 oz IFI Formula or Breast Milk
						
						
						
						
<b>PM Snack</b>	<b>Choose TWO:</b> 	Water	Water	Water	Water	Water
	